PHAR3306
Pharmacology for Optometry

Course Outline
Term 2, 2022

School of Medical Sciences
Faculty of Medicine & Health
# Table of Contents

1. Staff 3  
2. Course information 3  
   2.1 Course summary 3  
   2.2 Course aims 4  
   2.3 Course learning outcomes (CLO) 4  
   2.4 Relationship between course learning outcomes and assessments 4  
3. Strategies and approaches to learning 5  
   3.1 Learning and teaching activities 5  
   3.2 Expectations of students 6  
4. Course schedule and structure 6  
5. Assessment 8  
   5.1 Assessment tasks 8  
   5.2 Assessment criteria and standards 9  
   5.3 Submission of assessment tasks 9  
   5.4 Feedback on assessment 10  
6. Academic integrity, referencing and plagiarism 10  
7. Readings and resources 11  
8. Administrative matters 11  
9. Additional support for students 11
1. Staff

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
<th>Consultation times and locations</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Convenor</td>
<td>Martin Le Nedelec</td>
<td><a href="mailto:pharmoptom@unsw.edu.au">pharmoptom@unsw.edu.au</a></td>
<td>By email appointment</td>
<td>(02) 9065 2949</td>
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<tr>
<td>Lecturer</td>
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<td>(02) 9385 1336</td>
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<tr>
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<td>By email appointment</td>
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<tr>
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<td>Dr Nicola Smith</td>
<td><a href="mailto:nicola.smith@unsw.edu.au">nicola.smith@unsw.edu.au</a></td>
<td>By email appointment</td>
<td></td>
</tr>
<tr>
<td>Lecturer</td>
<td>A/Prof L. Liu</td>
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<td>By email appointment</td>
<td></td>
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<tr>
<td>Lecturer</td>
<td>Prof. Margaret Morris</td>
<td><a href="mailto:m.morris@unsw.edu.au">m.morris@unsw.edu.au</a></td>
<td>By email appointment</td>
<td></td>
</tr>
<tr>
<td>Lecturer</td>
<td>Prof Jeff Holst</td>
<td><a href="mailto:j.holst@unsw.edu.au">j.holst@unsw.edu.au</a></td>
<td>By email appointment</td>
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</table>

2. Course information

Units of credit: 6

Pre-requisite(s): VISN2111 Ocular Anatomy and Physiology, PHSL2101 Physiology 1A and PHSL2201 Physiology 1B


2.1 Course summary

The aim of the course is to provide vision science and clinical optometry students with a strong knowledge base in pharmacology and therapeutics that will benefit them in their future career. This will be achieved by providing the essential knowledge of the basic principles of pharmacology with an emphasis on drug action from the molecular and cellular levels to tissue, organ and whole organism levels. The course will provide an understanding of the principles of drug action (pharmacodynamics) in terms of drug-receptor interaction, receptor theory and dose-response relationships. An introduction to receptor-mediated signal transduction, membrane receptors and autonomic pharmacology will be covered. The handling of drugs by the body through the processes of absorption, distribution, metabolism, and excretion (pharmacokinetics) will be covered in some detail along with drug analysis and the adverse effects of drugs. In addition, the pharmacology of different drug classes that target the major organ systems will be explored.
2.2 Course aims
The objectives of this course are to:

a) develop an understanding of the principals of pharmacology
b) gain an appreciation of the mechanisms by which drugs produce effects
c) develop an understanding of how drugs get into the body, how they are broken down and excreted

2.3 Course learning outcomes (CLO)
At the successful completion of this course you (the student) should be able to:

1. Describe basic pharmacological concepts underlying dose response relationships, sites of absorption, distribution and excretion, as well as chemical and biological factors affecting disposition and metabolism of drugs.
2. Explain drug activity through interactions with target molecules including receptors, transporters and enzymes.
3. Describe the specific pharmacology of common drug classes including their mechanisms of action, indications, clinical uses, contraindications and major side effects.
4. Demonstrate an understanding of the effects of drug toxicity and polypharmacy on the human body.
5. Explain complex pharmacological information in formats appropriate to both clinical peers and the general public.

2.4 Relationship between course learning outcomes and assessments

<table>
<thead>
<tr>
<th>Course Learning Outcome (CLO)</th>
<th>LO Statement</th>
<th>Related Tasks &amp; Assessment</th>
</tr>
</thead>
</table>
| CLO 1                        | Describe basic pharmacological concepts underlying dose response relationships, sites of absorption, distribution and excretion, as well as chemical and biological factors affecting disposition and metabolism of drugs | Quizzes
Mid-session test (1hr duration)
Group Assignment
End of session exam (2hr duration) |
| CLO 2                        | Explain drug activity through interactions with target molecules including receptors, transporters and enzymes | Quizzes
Mid-session test (1hr duration)
Group Assignment
End of session exam (2hr duration) |
CLO 3
Describe the specific pharmacology of common drug classes including their mechanisms of action, indications, clinical uses, contraindications and major side effects
Quizzes
Mid-session test (1hr duration)
Group Assignment
End of session exam (2hr duration)

CLO 4
Demonstrate an understanding of the effects of drug toxicity and polypharmacy on the human body
Quizzes
Mid-session test (1hr duration)
Group Assignment
End of session exam (2hr duration)

CLO 5
Explain complex pharmacological information in formats appropriate to both clinical peers and the general public
Group Assignment
Mid-session test (1hr duration)
End of session exam (2hr duration)

3. Strategies and approaches to learning
3.1 Learning and teaching activities
The learning and teaching philosophy underpinning this course is centred on student learning and aims to create an environment which interests, challenges, and enthuses students. The teaching is designed to be relevant and engaging in order to prepare students for future careers in optometry or related disciplines. This is achieved through student-centred learning by the use of active learning, student collaboration and self-directed online activities. The applied pharmacology sessions will be directly related to lecture material and will present course content in a collaborative problem-based learning style. Students are encouraged to also undertake self-directed learning via other resources such as textbooks, literature references and web-based sources.

Learning activities occur on the following days and times:

Lectures: 3 topics per week. Lectures will be pre-recorded and available online prior to the week scheduled.

Applied Pharmacology Sessions: One per week. These small group applied classes will be held each Friday at either 11am – 1pm or from 2pm – 4pm.

Q&A sessions: Online on Fridays 5 - 6pm
Information regarding weekly activities will be available via the interactive timetable on Moodle and in weekly announcements via Moodle.

3.2 Expectations of students

Students are reminded that UNSW recommends that a 6 units-of-credit course should involve about 150 hours of study and learning activities. The formal learning activities total approximately 50 hours throughout the term and students are expected (and strongly recommended) to do at least the same number of hours of additional study.

Lectures will provide you with the concepts and theory essential for an understanding of pharmacology. The applied pharmacology sessions will allow you to engage in a more applied and interactive form of learning. It is up to you to ensure you perform well in each part of the course by preparing for classes, actively engaging in face to face and online classes, completing assignments, studying for exams, and seeking assistance to clarify understanding. Example and past exam questions will be provided as part of the applied pharmacology sessions to assist you in preparing for examinations.

If you wish to contact the course convenors or staff, you can do so by e-mail, using the details provided in section 1 of this document and on the course Moodle page. We are committed to providing the best experience and outcome for all students and will therefore endeavour to respond to e-mails as soon as possible, but please consider the following:

- Standard work hours are Monday to Friday from 8 am to 6 pm. E-mail correspondence received outside of this time may be dealt with from the next working day.
- All digital correspondence, including e-mail, Teams messages, and messages on discussion forums should be respectful, courteous, and polite.
- All staff and students have busy schedules and multiple commitments, so while staff will endeavour to answer e-mail correspondence as quickly as possible, please apply appropriate expectations in this regard (i.e. 48 hours on a workday).

To help us improve the course, please consider providing us with feedback by acting as a student liaison, and/or by completing the MyExperience survey later in the term.

4. Course schedule and structure

This course consists of 50 hours of class contact hours. You are expected to take an additional 50 hours of non-class contact hours to complete assessments, readings and exam preparation.

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<tbody>
<tr>
<td>Week 1</td>
<td>Pharmacodynamics 1</td>
<td>Lecture</td>
<td>CLO1, CLO2,</td>
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<td>Pharmacodynamics 2</td>
<td>Lecture</td>
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<td>Week 2</td>
<td>Sites of Drug Action</td>
<td>Lecture</td>
<td>Applied Pharmacology Session Q&amp;A Session</td>
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<td>Course Introduction</td>
<td>Lecture</td>
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<td>Pharmacodynamics</td>
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<td>Cell Signalling</td>
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<td>Selectivity – Adrenergic</td>
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<td>Selectivity – Cholinergic</td>
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<td>Concentration-Response Signalling &amp; Selectivity</td>
<td>Applied Pharmacology Session Q&amp;A Session</td>
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<thead>
<tr>
<th>Week 3</th>
<th>Drug Absorption</th>
<th>Lecture</th>
<th>Applied Pharmacology Session Q&amp;A Session</th>
<th>CLO1, CLO2, CLO3, CLO4</th>
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<tr>
<td>Drug Distribution</td>
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<td>Drug Metabolism</td>
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<tr>
<td>Autonomic Pharmacology Pharmacokinetics</td>
<td>Applied Pharmacology Session Q&amp;A Session</td>
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<th>Week 4</th>
<th>Drug Elimination</th>
<th>Lecture</th>
<th>Applied Pharmacology Session Q&amp;A Session</th>
<th>CLO1, CLO2, CLO3, CLO4</th>
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<tr>
<td>Toxic Side Effects</td>
<td>Lecture</td>
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<tr>
<td>Special Populations Pharmacokinetics</td>
<td>Applied Pharmacology Session Q&amp;A Session</td>
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<td>Pharmacokinetics</td>
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<tr>
<th>Week 5</th>
<th>Endocrine Drugs 1</th>
<th>Lecture</th>
<th>Applied Pharmacology Session Assessment</th>
<th>CLO1, CLO2, CLO3, CLO4</th>
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<td>Endocrine Drugs 2</td>
<td>Lecture</td>
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<td>Endocrine Drugs Mid-session test (1hr duration)</td>
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<th>Week 7</th>
<th>Cardiovascular 1</th>
<th>Lecture</th>
<th>Applied Pharmacology Session Q&amp;A Session</th>
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<td>Cardiovascular 3</td>
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<th>Week 8</th>
<th>Gastrointestinal Drugs</th>
<th>Lecture</th>
<th>Applied Pharmacology Session</th>
<th>CLO1, CLO2, CLO3, CLO4</th>
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<tbody>
<tr>
<td>CNS Drugs 1</td>
<td>Lecture</td>
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<td>CNS Drugs 2</td>
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<td>CNS &amp; Drugs of Abuse</td>
<td>Applied Pharmacology Session</td>
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### CNS and GIT Drugs

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<tr>
<th>Week 9</th>
<th>Anti-Inflammatory Drugs 1</th>
<th>Anti-Inflammatory Drugs 2</th>
<th>Antibacterial Drugs 1</th>
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<td>Antibacterial Drugs 2</td>
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<td>Antiviral &amp; Antifungal Drugs</td>
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<td>Anticancer Drugs</td>
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<td>Anti-Infectives and Cancer</td>
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<td>Anti-Infectives</td>
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<th>Week 10</th>
<th>Anti-Infectives and Cancer</th>
<th>Q&amp;A Session</th>
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<td></td>
<td></td>
<td>Lecture</td>
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<tr>
<td></td>
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<td>Applied Pharmacology Session</td>
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<tr>
<td></td>
<td></td>
<td>Q&amp;A Session</td>
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| Lecture            | CLO1, CLO2, CLO3, CLO4 |

### 5. Assessment

#### 5.1 Assessment tasks

<table>
<thead>
<tr>
<th>Assessment task</th>
<th>Length</th>
<th>Weight</th>
<th>Due date and time</th>
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<tr>
<td><strong>Assessment 1:</strong> Quizzes</td>
<td></td>
<td>10%</td>
<td><strong>Week 2, 4, 8 &amp; 10</strong></td>
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<td></td>
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<td>(4 x 2.5%)</td>
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<tr>
<td><strong>Assessment 2:</strong> Mid-session test (1hr duration)</td>
<td>1 hour</td>
<td>25%</td>
<td><strong>1 July 2022, 5pm</strong></td>
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<tr>
<td><strong>Assessment 3:</strong> Group Assignment</td>
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<td>15%</td>
<td><strong>22 July 2022, 5pm</strong></td>
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<tr>
<td><strong>Assessment 4:</strong> End of session exam (2hr duration)</td>
<td>2 hours</td>
<td>50%</td>
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### Quizzes

There are 4 online quizzes that will be held in Weeks 2, 4, 8, and 10. Feedback will be given immediately afterwards. Each quiz will be based on the materials covered so far in the course, including lectures and applied pharmacology sessions.
Mid-session test (1hr duration)
The mid-session test will be held in the Q&A slot at 5 pm on Friday 1st July (Please refer to the course timetable on Moodle). This exam will give you feedback on how you are progressing in the course.

End of session exam (2hr duration)
The end of session examination will be held during the official examination period.

Exam questions will be based on the material covered in the lectures and applied pharmacology sessions across the whole course.

Final exam period for Term 2, 2022 is Friday, 12 Aug to Thursday, 25 Aug

Supplementary exam period for Term 2, 2022 is Monday, 5 September to Friday, 9 September

Group Assignment
Students will work in teams of five to create a product (video, webpage, pamphlet etc) to inform the public about a pharmacological topic. All members of the group are required to contribute to this task. You need to research the topic and search for relevant information based on the latest literature. The product will be graded on scientific content, structure, design, critical analysis and presentation. The final product must be submitted via Moodle by the due date of Friday 22nd July (5pm). Details regarding the group project (group allocation, topic titles, marking criteria, etc) and all other assessment tasks will be given during the first applied pharmacology session in week 1, as well as being available on Moodle.

Further information
UNSW grading system: https://student.unsw.edu.au/grades
UNSW assessment policy: https://student.unsw.edu.au/assessment

5.2 Assessment criteria and standards
Example examination questions will be included in lectures and applied pharmacology sessions.

Details regarding the assessment tasks, including the group project, will be provided to you during the first applied pharmacology session in week 1, as well as being available on the course Moodle page. A detailed marking rubric for the group project will be provided to you via the course Moodle page.

5.3 Submission of assessment tasks
Late Submission
Late submissions will be penalized at 5% per day capped at five days (120 hours). Students will not be permitted to submit their assessments after this date.

Special Consideration
If you experience a short-term event beyond your control (exceptional circumstances) that impacts your performance in a particular assessment task, you can apply for Special Consideration.

You must apply for Special Consideration before the start of your exam or due date for your assessment, except where your circumstances of illness or misadventure stop you from doing so.

If your circumstances stop you from applying before your exam or assessment due date, you must apply within 3 working days of the assessment, or the period covered by your supporting documentation.
More information can be found on the Special Consideration website.

5.4. Feedback on assessment

**Assessment 1: Quizzes**: Feedback for individual responses in each progress quiz will be available once the quiz closes.

**Assessment 2: Mid-session test (1hr duration)**: Individual marks are provided via Moodle once the exams have been graded. Cohort feedback is provided in the form of a podcast via the course Moodle page in week 7.

**Assessment 3: Group Assignment**: Feedback will be provided via a rubric and written comments for the group and for each individual. Peer feedback will be submitted via an online form and the individual grades will be available via Moodle.

**Assessment 4: End of session exam (2hr duration)**: Cohort feedback is provided once the exams are completed in the form of a post in Moodle.

6. Academic integrity, referencing and plagiarism

**Referencing** is a way of acknowledging the sources of information that you use to research your assignments. You need to provide a reference whenever you draw on someone else’s words, ideas or research. Not referencing other people’s work can constitute plagiarism.

Either APA or superscript numbering format can be used for the final submission of the Group Project.

Further information about referencing styles can be located at https://student.unsw.edu.au/referencing

**Academic integrity** is fundamental to success at university. Academic integrity can be defined as a commitment to six fundamental values in academic pursuits: honesty, trust, fairness, respect, responsibility and courage. At UNSW, this means that your work must be your own, and others’ ideas should be appropriately acknowledged. If you don’t follow these rules, plagiarism may be detected in your work.

Further information about academic integrity and plagiarism can be located at:

- The Current Students site https://student.unsw.edu.au/plagiarism, and
- The ELISE training site https://subjectguides.library.unsw.edu.au/elise

The Conduct and Integrity Unit provides further resources to assist you to understand your conduct obligations as a student: https://student.unsw.edu.au/conduct

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7. Readings and resources
Recommended Primary Texts:


8. Administrative matters
Student enquiries should be submitted via student portal https://portal.insight.unsw.edu.au/web-forms/

9. Additional support for students
- The Current Students Gateway: https://student.unsw.edu.au/
- Academic Skills and Support: https://student.unsw.edu.au/academic-skills
- Student Wellbeing and Health: https://www.student.unsw.edu.au/wellbeing
- UNSW IT Service Centre: https://www.myit.unsw.edu.au/services/students
- UNSW Student Life Hub: https://student.unsw.edu.au/hub#main-content
- Student Support and Development: https://student.unsw.edu.au/support
- IT, eLearning and Apps: https://student.unsw.edu.au/elearning
- Student Support and Success Advisors: https://student.unsw.edu.au/advisors
- Equitable Learning Services (Formerly Disability Support Unit): https://student.unsw.edu.au/els
- Transitioning to Online Learning: https://www.covid19studyonline.unsw.edu.au/
- Guide to Online Study: https://student.unsw.edu.au/online-study