



Faculty of Medicine and Health
School of Medical Sciences

ANAT 1521/2111

Introductory Anatomy

T2 2021

COURSE OUTLINE

Contents

Course Staff..... 3

Course Details 3

Student learning outcomes 4

Course relationships 4

Teaching rationale 5

Participation..... 6

Course Structure 6

Resources for students..... 7

Student support services 7

Continual course improvement..... 7

Course Schedule T2 2021 8

Assessment 9

Ethical behaviour and human remains 10

Anatomical terms..... 10

Student Risk Management Plan 12

Please read this manual/outline in conjunction with the following pages on the [School of Medical Sciences website](#):

- [Advice for Students](#)
- [Learning Resources](#)

(or see "STUDENTS" tab at medicallsciences.med.unsw.edu.au)

Course Staff

Joyce El-Haddad (convenor and student contact)

Office: Level 2 West, Wallace Wurth Building
Email: introanatomy@unsw.edu.au
j.el-haddad@unsw.edu.au

Dr Thomas Duncan (co-convenor)

Office: Level 2 West, Wallace Wurth Building
Telephone: 02 9385 2276
Email: introanatomy@unsw.edu.au

Appointments with any of the above academics should be arranged **via email**.

Please email from your **official UNSW student account**, include your **student number, course code** and state the **subject** clearly. **Except for questions that have private/personal content, all questions preferably should be posted in the Moodle or Teams Forum.**

Course Details

Units of Credit and Hours of Study

This course is worth six units of credit (6 UOC). This is a blended learning course (i.e. has both face-to-face and online learning activities) and consists of 6 hours per week of scheduled learning activities. Each week these comprise:

- Two hours per week of seminars via Teams. (2 x 1 hr seminars on Monday and Friday, respectively)
- Three hours of practical in-person labs (1 x 3 hours)
 - ANAT2111: Wednesday 10:00 AM - 1:00 PM or Wednesday 2:00 PM - 5:00 PM (D26, level 1, Anatomy lab 07). Students will work through the lab manual in small groups.
 - ANAT1521: Thursday 10:00 AM - 1:00 PM or Thursday 2:00 PM - 5:00 PM (D26, level 1, Anatomy lab 07). Students will work through the lab manual in small groups.
- Two hours of self-directed revision activities online and prelaboratory videos – TBA per week.

What is anatomy?

Anatomy literally means to break apart or separate the human body into its parts; to dissect the body. The earliest recorded anatomy teachers, Herophilus and Erasistratus, lived in Ancient Alexandria and taught anatomy between 300 BC and the second century AD. However, the roots of anatomy go back much further – perhaps 4,000 years ago – with the mummification practices of the Ancient Egyptians and with the Ancient Greek physicians. The most famous anatomist is the Ancient Roman Galen, whose work remained the standard for almost 1,300 years until the European Renaissance. During and after the Renaissance, anatomy developed into a modern scientific discipline. Therefore, anatomy is one of the oldest scientific fields and one that has always and continues to underpin medicine. It is also a well-established scientific discipline in its own right.

Anatomy is a dynamic and diverse science that considers the structures of the body from the cellular level through to the body's external surface and beyond. Anatomy examines the cells and tissues of the body (cell biology and histology), the systems of the body (integumentary, skeletal, muscular, nervous, cardiovascular, lymphatic, respiratory, alimentary, urinary, genital and lymphoid systems), the joints, movements and biomechanics of the human body, human comparative and evolutionary anatomy (anthropology), the development of the embryo and postnatal growth of the infant and child, as well as clinical and radiographic anatomy. Anatomy at UNSW teaches and researches across most of these areas. Note that the term *gross anatomy* refers to the study of the structures of the body that are observable without the aid of microscopes (i.e. the naked eye) and which can be palpated (touched), while *microanatomy* is sometimes used to refer to the microscopic structures of the body (e.g. tissues; the subject of histology).

Course aims

This course aims provide students with an understanding of the structure and organisation of the human body as it relates to function.

This course provides an introduction to the topographical anatomy of the whole human body, based on the study of prosected human specimens. Topics for study include: general topographical and descriptive anatomy, and skeletal, muscular, cardiovascular, respiratory, digestive, urinary, reproductive, nervous, and special sensory organ systems. This course is designed for students who require the broad study of human anatomy, as well as those who wish to proceed to Level III studies or a major in Anatomy.

Student learning outcomes

At the end of the course, students will be able to:

1. Demonstrate an understanding of the ethical considerations, and good practice of, working with human cadaveric tissue.
2. Demonstrate the appropriate use of anatomical terminology
3. Demonstrate an understanding of the structure and function of the following body systems and their components: musculoskeletal, nervous, cardiovascular, special sensory organ, respiratory, digestive, urinary, and reproductive system of the human body.
4. Demonstrate an understanding of the interdependence of body systems.

The University of NSW has developed a list of attributes which its graduates should possess upon graduation (the 'graduate attributes'). This course has been designed to help students to develop these capabilities. Students completing the course will have gained knowledge and skills that contribute to directly to them acquiring these attributes during their study at UNSW. One way this has occurred is through curriculum mapping of this course.

See medsciences.med.unsw.edu.au/students/undergraduate/advice-students#graduate

Course relationships

Introductory Anatomy is the foundation course for all advanced (Level III) gross anatomy courses at UNSW: *Visceral Anatomy* (ANAT3121), *Anatomy of Head and Neck* (ANAT3131), *Functional Anatomy of Limbs* (ANAT3141; ANAT2451) and *Neuroanatomy* (ANAT3411). A number of other courses offered by anatomy compliment these gross anatomy offerings: *Histology: Basic and Systematic* (ANAT2241) and *Embryology: Early and Systematic Development* (ANAT2341). More generally, anatomy courses compliment the subjects offered by other areas within the School of Medical Science (i.e. Physiology, Pharmacology, Pathology and Health and Exercise Science) as well as courses taught in biological science, biomolecular science and genetics, psychology, biomechanics, vision science, food science and nutrition, medical microbiology and immunology, and engineering.

Prerequisite courses: A pass in BABS1201 or DPST1051 plus either a pass in ANAT2241 or BABS1202 or DPST1052 or BABS2202 or BABS2204 or BIOC2201 or BIOC2291 or BIOS1101 or HESC1501 or PHSL2101 or PHSL2121 or VISN1221

Teaching rationale

Student learning and engagement with the content of the course underpins all learning activities.

Seminars

The seminars are designed to provide conceptual information and an overview of the content that will be the focus of the week's laboratory. It is advisable that students attend all seminars to achieve better learning outcomes and academic success. All seminars will be streamed live (with a few exceptions to accommodate for public holidays) and recorded and posted on ECHO360.

In some cases (including 0 week) there is pre-class work (some of which is online) to assist in preparation for tutorials or labs, and/or post-class work to help consolidate content covered.

Laboratory/Practical classes

The laboratory classes complement the seminars, and involve active learning in a small group situation. There is much research to indicate that this is the best method for the learning of anatomy and these sessions will give you a window into the wonder of the human body. In laboratory sessions, you will be required to study human bones, models, wet and plastinated prosected specimens as well as cross-sectional and radiological imaging. Every student is required to be involved in inquiry and take an active participation in the learning process.

It is strongly advised that students come well prepared in order to make the best use of their time in the laboratory. Each lab session links to content covered in preceding seminars and videos.

Moodle & Teams

This course uses Moodle and MS Teams as its learning platforms. On both of these platforms, you will find links to lecture notes, online videos and activities, assessment, announcements and discussions. More information regarding instructions and requirements will appear on on both platforms as announcements. Please ensure that you set these applications to receive notifications immediately.

The weekly seminars and tutorials will be accessed via MS Teams.

Students are encouraged to use the discussion forums in Teams (accessed directly through Teams or via a link on Moodle) for questions and discussion related to this course. Please engage in this discussion by answering and commenting on the discussion. The course conveners will also respond to questions here.

Question forums

Each week there will be a question forum for students to ask any topic related questions (any questions containing personal information please email the conveners directly). These forums are a place for students to submit questions and interact with other students by answering questions. These forums will be monitored by academic staff, but it is expected that students answer most questions posted.

Self-directed learning activities

The purpose of these weekly activities is to help students interact with the content covered. During these activities students will identify the gross anatomical structures and their features. Students are also required to read the chapters as indicated by conveners where necessary from the prescribed textbook.

Formative Adaptive Tutorials

These will be made available to students via a link in Moodle during this course and they are included as a part of content delivery and a good way to check your understanding of a topic. These tutorials are a series of interactive questions based on applying the content covered in lectures and laboratory sessions and are a useful resource in consolidating and revised course content. Sessions are structured to encourage student participation in these activities and to enhance your learning. You will benefit most if you undertake these tutorials consistently. Some of these tutorials may also be done during allocated time within the course timetable. The focus of these tutorials is to apply the principles of anatomy to function.

Independent study

There is insufficient time in the lectures, workshops and practicals for you to develop a deep understanding of the concepts covered in this course. In order for you to achieve the learning outcomes that will be assessed, you will need to revise the material presented in the course regularly. You will probably also need to do additional reading beyond the lecture materials in order to learn effectively. Relevant additional resources, including textbook chapters, will be cited in lecture and practical sessions.

Participation

Your attendance, reviewing of videos, completion of online activities and participation in tutorials is IMPORTANT. It is expected that you complete all these activities. There will be no “make-up” sessions for any missed group sessions or video conferences.

Course Structure

The workflow of a typical week includes the following activities:

1. **Seminars** – Mondays 9:00 AM- 10:00 AM and Friday 2:00 PM – 3:00 PM. These will be delivered via teams and will be recorded.
2. **Preparatory activities** – activities available via Moodle and should be completed **prior** to attending labs each week. Please note that there are online activities that need to be completed **before** Week 1.
 - a. Online videos – where prescribed
 - b. Readings - where prescribed
3. **Question forums** – At any time during the week students should post and/or answer questions in weekly topic forums on Moodle/Teams.
4. **Laboratory practicals** – students will attend **either** in-person **or** online labs
 - a. In-person labs occur
 - b. ANAT2111: Wednesday 10:00 AM - 1:00 PM or Wednesday 2:00 PM - 5:00 PM (D26, level 1, Anatomy lab 07). Students will work through the lab manual in small groups.
 - c. ANAT1521: Thursday 10:00 AM -1:00 PM or Thursday 2:00 PM - 5:00 PM (D26, level 1, Anatomy lab 07). Students will work through the lab manual in small groups.
5. **Online self-directed learning activities** – available via Moodle and include additional videos, adaptive tutorials and labelling activities.

Resources for students

Prescribed Text:

Marieb EN, Wilhelm PB & Mallat J (2017). *Human Anatomy, 8th ed.*, Pearson.

Atlas:

Logan BM (2016). *Logan's Illustrated Human Anatomy, 1st ed.*, CRC press.

Other books that are useful and may be used as texts instead (available in the Library):

- Tortora, G.J. (2017) Principles of human anatomy. John Wiley & Sons Australia Ltd. (**available ONLINE**)
- Snell, R. (2012). *Clinical Anatomy by Systems, 9th ed.*, Lippincott, Williams and Wilkins.
- Drake, R. et al. (2014). *Gray's Anatomy for Students, 3rd ed.*, Churchill Livingstone
- Moore, K. & Dalley, A. (2018). *Clinically Oriented Anatomy, 8th ed.* Wolters Kluwer.
- Tortora, G.J. and B.H. Derrickson (2018). *Tortora's Introduction to the Human Body, 11th ed.* John Wiley & Sons Australia Ltd.
- Rohen, J., Yokochi, C. & Lütjen-Drecoll, E. (2006). *Color Atlas of Anatomy: A Photographic Study of the Human Body, 6th ed.* Lippincott, Williams and Wilkins.

See also medalsciences.med.unsw.edu.au/students/undergraduate/learning-resources

Student support services

Transitioning to Online Learning <https://www.covid19studyonline.unsw.edu.au/>

Guide to Online Study <https://student.unsw.edu.au/online-study>

UNSW Student Life Hub <https://student.unsw.edu.au/hub#main-content>

Continual course improvement

For course evaluation, feedback has been gathered at the completion of the course, using among other means, UNSW's Course and Teaching Evaluation and Improvement Process and myExperience. Student feedback is taken seriously, and continual improvements are made to the course based, in part, on such feedback.

The Introduction to Anatomy course has been a part of the UNSW 2025 Strategy Inspired Learning Initiative and has been significantly redesigned based on not only student feedback but also on best practices in learning and teaching using an interactive, flipped classroom approach. The current changes to the course include:

- The content has been streamlined for a 10-week term delivery.
- The assessment has been modified to increase the contribution of the continuous assessment activities to the final course mark.
- The adaptive tutorials have been reviewed so that the content is limited to the course content.

ANAT2111-ANAT1521 course schedule T2 2021

WEEK	DATE AND TIME	Seminar 1	Seminar 2	Videos	LABS	Continuous Assessment	Exam
		MONDAY 9 – 10 AM (TEAMS)	FRIDAY 2 – 3 PM (TEAMS)	Self-paced (best before labs)	ANAT2111: Wednesday 10-1PM or 2-5 PM ANAT1521: Thursday 10-1PM or 2-5 PM	ANAT2111: Wednesday 10AM ANAT1521: Thursday 10AM	See below
Students are REQUIRED TO COMPLETE online tasks available in "Week 0" section on Moodle BEFORE the start of Week 1							
1	31 st May – 6 th of June	Terminology, Orientation and introduction to movement	Axial skeleton	Anatomy terminology, bone features and joints	L1: BODY REGIONS AND TERMINOLOGY L2: MOVEMENT	Week 1 Quiz	
2	7 th June - 13 th June	Appendicular skeleton	Joints	Skeletal System	L1: AXIAL SKELETON L2: APPENDICULAR SKELETON	Week 2 Quiz	
3	14 th June - 20 th June	Musculoskeletal system	CNS 1	Muscular System	L1: JOINTS L2: MSK SYSTEM	Week 3 Quiz	
4	21 st June - 27 th June	CNS 2	PNS 1	Nervous system	L1: BRAIN L2: SPINAL CORD	Week 4 Quiz	
5	28 th June – 4 th July	Autonomic Nervous System	Cardiovascular system 1	Cardiovascular system	L1: PNS and ANS L2: HEART	Week 5 Quiz	MID-TERM EXAM
6	FLEXIWEEK						
7	12 th July - 18 th July	Cardiovascular system 2	Respiratory system	Respiratory system	L1: BLOOD VESSELS L2: RESPIRATORY SYSTEM	Week 6 Quiz	
8	19 th July - 25 th July	Digestive system 1	Digestive system 2	Digestive	L1: UPPER GIT TRACT L2: LOWER GIT TRACT	Week 7 Quiz	
9	26 th July – 1 st August	Urinary system	Female Reproductive System	Urinary and Reproductive Systems	L1: URINARY SYSTEM L2: FEMALE REPRODUCTIVE	Week 8 Quiz	
10	2 nd August - 8 th August	Male reproductive system	Special senses	Special Senses	L1: MALE REPRODUCTIVE L2: SPECIAL SENSES	Week 9 Quiz	END-TERM EXAM
11	STUDY PERIOD						
	FINAL EXAM PERIOD						

Assessment

1. Mid-Term Assessment	20%
2. End-Term Assessment	20%
3. Continuous Assessment	30%
4. Final Exam	30%

Continuous Assessments

These comprise online activities that encompass both the identification of structures as well as theoretical concepts. The assessments are released weekly on Moodle, and students are required to complete them within that week. The highest 5 scoring continuous assessment marks will be used to calculate the final grade. No resits or supplementary continuous assessment will be provided.

Term Assessments

These are short online delivered assessments that cover content delivered in each half of the term. These assessments encompass both the identification of structures as well as theoretical concepts. It is delivered electronically and is time-constrained.

Theory Exam

A single 2-hour written exam is worth 30%, and it will be held during the formal examination period. It assesses student knowledge of the course content and deeper understanding (such as the ability to make connections between ideas or to assess capacity for problem-solving). The written exam comprises of multiple-choice and short/long answer questions and will test knowledge obtained from seminars and laboratories.

Please note:

- **Exam period for Term 2, 2021 is 13th August - 26th August 2021**
- **Supplementary exam period for Term 2, 2021 is 6th September – 10th September 2021**

Access to previous exam papers

Past exam papers are not available to students. Sample questions are provided and are published via Moodle.

Failure to complete an assessment

In case if you miss any part of your assessment due to misadventure or illness, an application for Special Consideration should be lodged online in myUNSW before the assessment is due.

Failure to sit a test or exam without lodgment of an application for **Special Consideration** will lead to automatic failure of the test. An absence from a test or exam must be supported by a medical certificate or other document that clearly indicates you were unable to be present. That certificate should be dated the same day as the examination. See <https://student.unsw.edu.au/special-consideration>

Should you require adjustments for a disability, please see the Equitable Learning Services: <https://student.unsw.edu.au/els>

Ethical behaviour and human remains

In this course, you will be required to study human anatomical specimens. Each year, people donate their bodies to UNSW via a Bequeathal Program so that you and your colleagues can learn about the human body. The donations are provided through the extraordinary generosity of the public (our donors and their families). This is a special privilege afforded very few people. By law, responsibility to the donor and their family members, and as a matter of good ethical practice you must treat all human remains with great respect and care (see below). The University operates the Bequeathal Program under the Code of Practice noted below, which all students are required to adhere to.

Before starting this course, students **MUST** complete the online modules listed as compulsory in Week 0 of the course Moodle site.

Code of Practice: The University recognises the magnitude of the contribution made by those who donate their bodies for the teaching of anatomy, and it is committed to treating the human remains entrusted to its care with the utmost respect and professionalism. In keeping with this commitment, the University requires its employees and students to uphold all legal, public health, and ethical standards associated with the handling of bodies and human tissue samples. Any activity which undermines its ability to meet UNSW's legislative obligations, or which devalues the contribution made by those who donate their bodies for the purposes of the teaching of anatomy to students will be in breach of this policy and subject to further action.

For those engaging in the online space (learning and teaching), the University considers that the Code of Practice remains relevant. The use of images of anatomical specimens should follow principles consistent with the Anatomy Act 1977 and/or Human Tissue Act 1983. When images are used online, these should never be identifiable, caricatured and shared for any purpose other than educational; and should not be published on social media platforms.

See medalsciences.med.unsw.edu.au/students/undergraduate/advice-students#Practicals

Anatomical terms

One of the largest challenges for new students in anatomy is learning anatomical terms. In many ways the process is like learning a new language. All scientific disciplines have a set of terms and across the whole of science they are derived mostly from Latin and Ancient Greek words. Why Latin and Ancient Greek? Latin, in particular, is a 'dead' language, meaning that no one alive today uses it as the 'mother' tongue. Thus, it is not subject to fashions and constant change, like most living languages, especially English. Moreover, the spelling of Latin and Ancient Greek words has been agreed to for a long time.

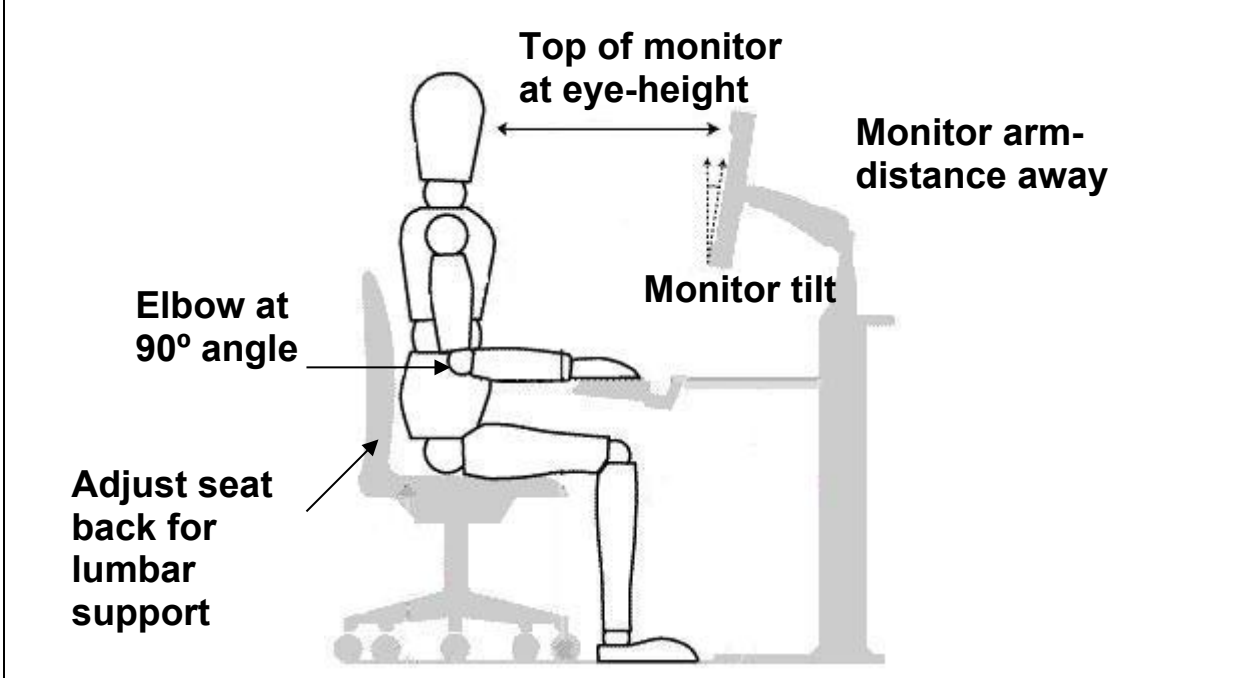
In Australia and other English-speaking countries, anatomical terms are Anglicised (translated to English). This means that in many cases the terms we teach are the English equivalent of the Latin or Greek word (e.g. Latin = *Corpus ossis illii*; English = Body of the ilium). There are, however, still plenty of Latin and Greek terms used. Their pronunciation, however, is an entirely different matter. It varies greatly across English speaking countries; even at UNSW you will find lecturers employing different pronunciations, partly as a result of where they learned their anatomy! What matters is that we all know which structure we are referring to when we use a particular term; there are no points for correct pronunciation as most of the variants are equally correct!

An international organisation called the *Federative Committee on Anatomical Terminology* with representatives from many countries has published the standard (agreed) set of anatomical terms that anatomists follow. It is called *Terminologia Anatomica* and the last edition was published in 1998. Most internationally oriented textbooks (such as *Gray's Anatomy*) apply *Terminologia Anatomica*. In this course, we strive also to use this standard set of anatomical terms as much as possible as we believe that it represents best international practise as well, as making it easier for you to learn. The terms that you need to know in laboratory classes are given in **bold**. You should, however, endeavour to understand all of the information given in laboratories in order to do well in the course.

Medicine Teaching Laboratory Student Risk Assessment		Anatomy Practical Classes for Medicine and Science Students Bioscience Building Level 1 LAB07 Wallace Wurth Building G06/07 <small>DOC:PHSL-SRA-S&H-01rev1.1</small>
---	---	--

Hazards	Risks	Controls
Ergonomics	Musculoskeletal pain	<ul style="list-style-type: none"> • Correct workstation set-up
Electrical	Electrical shock/Fire	<ul style="list-style-type: none"> • Check electrical equipment is in good condition before use • All portable electrical equipment tested and tagged

Workstation set-up



Personal Protective Equipment
 Not necessary in these practicals.

Emergency Procedures
 In the event of an alarm, follow the instructions of the demonstrator. The initial sound (beep) is advising you to prepare for evacuation and during this time start packing up your things. The second sound (whoop) gives instruction to leave. Evacuate via the fire stairs on West or East side of the laboratory, to the assembly point at the western end of the Lowy Building opposite the Clancy Auditorium. In the event of an injury inform the demonstrator. There are portable First Aid Kits located in 08A and 07 Teaching Laboratories.

Clean up and waste disposal
 No apparatus or chemicals used in these practicals.

Declaration
 I have read and understand the safety requirements for this practical class, and I will observe these requirements.

Signature:..... Date:.....
 Student number: