Exercise Physiology Days

November 24 & 25, 2015

Targeted at students in years 9-10 the Exercise Physiology Day is a series of workshops providing a unique PDHPE experience; investigating our Museum specimens, undertaking hands-on practical experiences in the exercise physiology labs at the Faculty of Medicine and learning about careers in exercise sciences. Activities include Wingate, Gait and power investigations, as well as the unique Museum experience. Topics covered include personal and community health, career options in exercise sciences, health and fitness measures.

The Museum of Human Disease is the only Pathology collection regularly available to schools, and the Junior PDHPE Health Science Experience teams us with the Exercise Physiology program of the UNSW School of Medical Science. Your students will be interacting with real medical researchers and clinical exercise physiologists on engaging and informative content.

Each full day session will include an introductory presentation, museum workshop with syllabus-linked worksheets, a 20 min Careers presentation and 3 x 30 minute Exercise Physiology lab experiences.

Outcomes;

PDHPE
- 4.6 Young people and Health.
- 4.7 Risk behaviours
- 4.9 Lifestyle and participation
- 4.10 Personal Strengths
- 5.4 improving performance
- 5.5 Appraising movement
- 5.6 Young people and health
- 5.8 Health information
- 5.9 Goal setting

Junior SCIENCE
- LW1c
- LW1d
- LW1e
- LW3e

Places are Strictly limited and therefore bookings are essential. See next page.
Registration Form

Junior Health Science Experience @ Museum of Human Disease

These sessions will incorporate real human pathology specimens

LOCATION: Museum of Human Disease, University of New South Wales.

COST: $19 per student (GST inc).

DURATION: 4.5 hours, including workshop, Museum worksheet and lunch break.

ENQUIRIES: diseaseumuseum@unsw.edu.au or (02) 9385 1522

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Registration

PLEASE FAX TO 02 9385 1747

TEACHER NAME______________________SCHOOL______________________

ADDRESS_______________________________________________________CITY/SUBURB_____________________

POSTCODE____________________PHONE (W) ____________FAX (W)___________

EMAIL ___________________________________________________________

STUDENT NO. (Max 140/day)______________Year(s)________________________

SELECT SESSION (4.5 hour duration.)

Tuesday 24th November
9.30am
Limited Places Remain

Wednesday 25th November
9.30am

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ENQUIRIES T 02 9385 1522 F 02 9385 1747 E diseaseumuseum@unsw.edu.au