



Exercise Physiology

Never Stand Still

Medicine

UNSW Medicine offers a unique Exercise Physiology program. Our four-year Bachelor of Exercise Physiology is the only degree of its kind to be taught within a university faculty of medicine. By the end of the four-year program, graduates become accredited exercise physiologists ready for fulfilling careers.

UNSW Medicine is ranked as one of the world's top 50 university medical faculties. By constantly innovating to improve teaching and learning and by backing world-class medical research over the long term, UNSW Medicine is continuously improving healthcare delivery and patient outcomes.



Be part of the future of healthcare at UNSW Australia

Exercise physiologists make a difference by working with patients to prevent and manage chronic diseases and injuries. Using tailored exercise programs and lifestyle and behavioural advice, they treat a wide range of conditions from physical injuries to cardiovascular disease, diabetes, osteoporosis, depression, cancer and arthritis.

UNSW Australia's Bachelor of Exercise Physiology (BExPhys) program places a strong emphasis on clinical training and research. Students interact with many other programs within UNSW Medicine. Our Lifestyle Clinic brings together some of Australia's most innovative teams of healthcare professionals and researchers working to improve patient outcomes and community health through lifestyle changes.

As Accredited Exercise Physiologists (AEPs), our graduates are recognised as allied health professionals and are eligible to register with Medicare Australia, the Department of Veterans' Affairs or WorkCover, and have recognition among many private health insurers. They are also well qualified to undertake graduate-entry degrees or research higher degrees.

» Exercise Physiology students at UNSW Australia benefit from:

- Hands-on clinical training in some of Australia's finest hospitals and in private practices
- The development of research skills and opportunities for independent learning
- Access to international exchange programs while completing their degree
- Bright career prospects, becoming an Accredited Exercise Physiologist on graduation
- Opportunities for further education via access to nutrition, physiotherapy and other allied health areas

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Exercise physiologists are becoming indispensable in improving health and wellbeing using exercise and lifestyle changes. Exercise Physiology students at UNSW Australia have an advantage because they learn within a university medical faculty. They are ideally prepared to work within teams of medical and allied health professionals and achieve optimum results for a wide range of patients.

Dr Rachel Ward,
Program Authority

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To find out more about studying Exercise Physiology at UNSW Australia, contact:

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